

**THE OFFICIAL JOURNAL of the  
Australian Citizen Radio Monitors. S.A. Inc.**  
**COMMUNICATOR**



Issue 9, Volume 3    March 2014

AGM 25<sup>th</sup> Feb

S.A.  
EST. 1976

DIV  
INC. 1979



*Magazine No 594  
March 2014*

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Editorial for the Communicator must reach the Editor on or before the third Thursday of the month for inclusion in that month's issue. Any and all articles are welcome, however the editors reserve the right to vet content suitability for publication.

To submit articles, items for publication, letters to the editor or to ask questions of our technical writers, please address all correspondence to The Editor at the address shown on the front cover or via email to [phil.48@bigpond.com](mailto:phil.48@bigpond.com) If you know of anyone who wants to advertise in the Communicator, space and charges are available on request, speak to a committee member for more information.

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### Meeting dates.

***ACRM SA Inc. Meetings are on the FOURTH TUESDAY of each month.***

There is no Meeting in December.

February 2014's AGM will be on the 25<sup>th</sup>

ACRM SA Inc. Meetings are held at 3 Redmond Rd. Colinswood. SA.

***Gawler/Barossa general meetings are bi-monthly, on the THIRD TUESDAY of the***

***month.*** Also no meeting in December.

Next meeting will be in March. 2014.

## PRESSIES PRATTLE; Phil 48:

With the problems of the last few months, I thought I'd start this drivel early and maybe, without tempting fate, too much, get this mag out on time.

*A little bit of history* to bring you up to speed, as everyone seems to say these days. The last major hold up around here was my computer, I built it many years ago out of bits that were leftovers from many repairs and my original hard drives (to retain data). It had a new motherboard and processor, consisting of a Duo-core Pentium with a couple of gigs of memory and has been used and abused for many years. Any faults were usually band aid fixes because it only played up when I was flat out and couldn't devote the time to doing a lengthy repair. When it cacked in it's pants this time I had no choice but I didn't have the time to build a new one and reinstall everything I needed. However, I still had a mag to produce so my choices were slim. Luckily I had put another computer together for rally use, XP was already installed, as was Office and it was an overkill for the rally requirements so with the addition of a heap of drivers, it was made ready in about 4 hours, meaning minimal delay but the next thing to pack up was the colour laser printer, putting paid to the calendar, which should have been included with the mag. Sorry to all who rang wondering where theirs was. The member's who get the emailed version don't have this hassle so I invite any one who has email but is still on the postal list to avail themselves of the electronic, digital world and request their copy of the Communicator via email.

Just send an email request to [phil.48@bigpond.com](mailto:phil.48@bigpond.com) with your email address. Alternatively, contact a committee member or write to The Editor via the Box number.

Ideally, it would be great to send all mags and other communications by email but realistically that is not feasible for many reasons. Not everyone has or wants a computer and reading a whole mag on a smart phone or tablet is less than smart, even though a free email address is easy to set up and most phone providers offer included data in even the cheapest of normal or prepaid plans.

There is another argument for a printed mag and that when there are a few members within the same household and fitting around the computer or being home at the same time to read the mag is impractical, where as a hard copy can be left on the table and read at different times by everyone. Maybe the computer is in use too much for everyone to get a go at the emails. I know of two families who switched from email back to hard copy for this reason.

## *Rally Round-up; Nev 228:*

I hope you have all had a look at the Events calendar by now, and the astute few may have noticed no Malalla in August. Well blame 48 for that, somehow he printed two Augusts, one included Malalla, the other didn't and he picked up the wrong one to print. In his defence, it was when he was flat out trying to get the calendar done.

Another date to put in the calendar is 16<sup>th</sup> March. Lynda 296 has organised a recruitment drive, via the Lutheran school, where we can set up and push ACRM's worth while putting on a sausage sizzle and/or bacon and egg sandwiches. We will need a few volunteers on the day to do a bit of cooking but also to explain our role and hopefully recruit a few new members. The exact location is to be decided, keep your eye on this space for developments.

It's been a few years since our last show off day and I suppose well overdue, thanks Lynda for getting the ball rolling.

Whoa up there. the school has just advised us they will be doing their own sausage sizzle but we can still have space for a display if we like. To be decided.

## *Treasure Trove; Chris 49:*

I've done the thanking bit so now I'd like to invite members to think about what they can donate towards next year's Christmas Hamper. With Elaine back at the helm and all fired up, health permitting, the 2014 Hamper should again, be a success.

It seems having a whinge about printing the mag is in vogue so I thought I'd put in my 2 bobs worth.

I can remember when the whole committee would descend upon our house at Elizabeth for anything up to two nights a week putting the mag together on an old Gestetner, albeit a modern electric one. I don't know how many are familiar with these beasts but a master has to be created by typing onto a special form, which hold it's own ink that loses a bit after each print. Back then we printed up to 800 mags a month so one master never finished the run and a new master had to be created by either copying the first original with special equipment or retyping the whole page again. Prior the Gestetner, we used and even more primitive thing called a Fordigraph, which also used a fiddly master but left a purple haze on and around everything connected to the print run, including bench tops, cupboard doors and us but they were good times. Many a night went by and we greeted the milkman at 2 or 3 in the morning and purchased flavoured milks or other dairy products to call breakfast.

Often for many it was breakfast too, because we went to work straight after an all nighter putting the mag out and if we didn't finish it, it all happened again the next night. We made sure it went out then because no one wanted to go for 3

sleepless nights. In fact it probably was close to 3 nights, because it took me the equivalent of another day to hand write the 800 odd envelopes. Maybe there is something to be said for modern technology (when it's working). Computer generated mail labels are great and there were no pictures, the closest thing we had to colour was the purple haze.

My point: With the problems of late, I wonder if we weren't better off when it was primitive?

Ed: Problems aside, I think we are better off now. I hated not being able to correct something without whiting out and typing over. Something almost impossible to fix if typing up the master. One mistake and try again.

Fortunately over the years we had some competent typists and re-done masters were rare, at least for typos anyway but many a new master had to be made to finish a print run. Fortunately Gestetner provided a way of creating a new master from the original if it was done before the old one wore out.

At least with a modern word processor, editing is as simple as typing over the mistake.

### *Tucks Tales; by Graham 141:*

I've finished the washing and hung the clothes on the line and the shopping is done so I decided to go and check out if my contact had managed to source a laptop for a needy friend.

No problems said the contact. We will just check it out,

Oops! It doesn't work. We'll try this one . No problems, take it with you.

I decided that it would be a good day to type up the minutes for the January meeting before the Pressie rang to nag me.

I let myself in and turned on the light...no light...in fact, no power. Not to worry I'll use the new laptop and type the minutes on that.

Oh no you won't, said the laptop. My battery is flat.

Smart Arse laptop, I'll get mine out. Oh no that battery is on its last legs too.

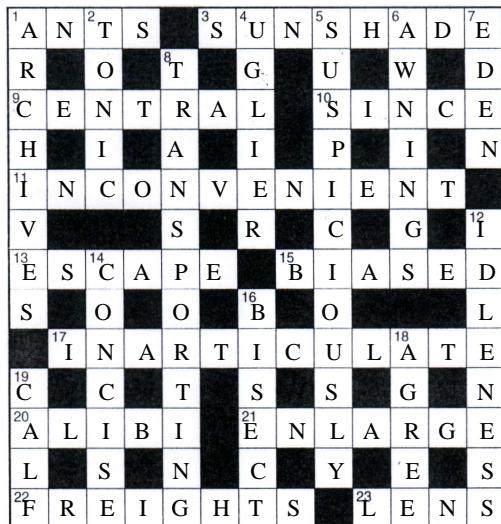
If I was the pressie I would be blaming our member Murphy but having seen some of his responses in the past, I let it go and just wondered what next?

What's that funny noise? It sounds just like the fridge winding up. THE POWER IS BACK ON.

On to the desk top, minutes are done and emailed, the Tucks Tales will be finished in a few sec's and the 2 batteries are charging.

Who said life's a bitch?

## LAST MONTH'S CROSSWORD ANSWERS



## GREETINGS

Birthday wishes for February are extended to:

Gordon 69 for the 12<sup>th</sup>  
Brenton 166 and Paul 490 for the 19<sup>th</sup>.  
We wish you all, many happy returns of the day.

Happy Birthday also to Benji, who is ONE on the 22<sup>nd</sup>.

## Thinking of you

Our thoughts are with Neville 228, whose mother died recently. Our sincere condolences are with Neville, Jackie & their family.

## WANTED TO SELL, BUY OR EXCHANGE

*Wanted to Buy:* Biscuit/Cookie maker, contact Frank 67 on 0403228073.

*Wanted to Sell:* 96-Mazda 121 Bubble (registered). \$900.00 ono. For more info, phone Brenton 166 via Chris or Phil on 08 85226081.

*Wanted to sell:* Electric, reclining, armchair (a few cat pulled threads). The pinnacle of comfort. All books and wiring. \$50.00.

Contact Chris 49 on 08 8522 6081.

*Wanted to sell, buy or exchange ads are free to members. Please contact a committee member or send your ad to The Editor c/- ACRM at the address on the cover. You can also email it to The Editor c/- [phil.48@bigpond.com](mailto:phil.48@bigpond.com)*

## ***Member's contributions to our delinquency.***

A man suffered a serious heart attack while shopping in a store.  
The store clerk called 000 when they saw him collapse to the floor.

The paramedics rushed the man to the nearest hospital where he had emergency open heart bypass surgery.

He awakened from the surgery to find himself in the care of nuns at the Catholic Hospital.

A nun was seated next to his bed holding a clipboard loaded with several forms, and a pen.

He asked him how he was going to pay for his treatment. "Do you have health insurance?" she asked.

He replied in a raspy voice, "No health insurance."

The nun asked, "Do you have money in the bank?"

He replied, "No money in the bank."

Do you have a relative who could help you with the payments?" asked the irritated nun.

He said, "I only have a spinster sister, and she is a nun."

The nun became agitated and announced loudly, "Nuns are not spinsters! Nuns are married to God."

The patient replied, "Perfect. Send the bill to my brother-in-law."

Anyone relate to this?

A little house with three bedrooms,  
one bathroom and one car on the street.  
A mower that you had to push  
to make the grass look neat.

In the kitchen on the wall  
we only had one phone,  
And no need for recording things,  
someone was always home.  
We only had a living room  
where we would congregate,  
unless it was at mealtime  
in the kitchen where we ate.

We had no need for family rooms  
or extra rooms to dine.  
When meeting as a family  
those two rooms would work out fine.

We only had one TV set  
with channels, maybe two,  
But always there was one of them  
with something worth to view.

For snacks we had potato chips  
that tasted like a chip.  
And if you wanted flavor  
there was onion dip.

Shop-bought snacks were rare because  
my mother liked to cook  
and nothing can compare to the snacks  
in Betty Crocker's Cook Book.

Weekends were for family trips

or staying home to play.  
We all did things together --  
even go to church to pray.

When we did our weekend trips  
depending on the weather,  
no one stayed at home because  
we liked to be together.

Sometimes we would separate  
to do things on our own,  
but we knew where the others were  
without our own mobile phone.  
Then there were the movies  
with your favorite movie star,  
and nothing can compare  
to watching movies in your car.

Then there were the picnics  
at the peak of summer season,  
pack a lunch and find some trees  
and never need a reason.

Get a cricket game together  
with all the friends you know,  
have real action playing ball --  
and no game video.

Remember when the doctor  
used to be the family friend,  
and didn't need insurance  
or a lawyer to defend?

The way that he took care of you  
or what he had to do,  
because he took an oath and strived  
to do the best for you.

Remember going to the store  
and shopping casually,  
and when you went to pay for it  
you used your own money?

Nothing that you had to swipe  
or punch in some amount,  
and remember when the cashier person  
really had to count? (And actually could)

The milkman went from door to door,  
And it was just a pence more than going to the store.

There was a time when mailed letters  
came right to your door,  
without a lot of junk mail ads  
sent out by every store.

The postman knew each house by name  
and knew where it was sent;  
there were not loads of mail addressed  
to "the present occupant."

There was a time when just one glance  
was all that it would take,  
and you would know the kind of car,  
by model year and make.

They didn't look like turtles  
trying to squeeze out every mile;  
they were streamlined and really had some style.

One time the music that you played, whenever you would jive,  
was from a vinyl record, called a forty-five.  
The record player had a post to keep them all in line  
and then the records would drop down and play one at a time.

Oh sure, we had our problems, just like we do today  
and always we were striving for a better way.

Oh, the simple life we lived still seems like so much fun,  
how can you explain the game, kick the can and run?

And why would boys put cards in bicycle spokes  
and for a sixpence, red machines had little bottled Cokes?  
This life seemed so much easier and slower in some ways.  
I love the new technology but I sure do miss those days.

So time moves on and so do we and nothing stays the same,  
but I sure love to reminisce and walk down memory lane.  
With all today's technology we grant that it's a plus!  
But it's fun to look way back and say, Hey look, guys, THAT WAS US!

LIFE IS SHORT. SMILE WHILE YOU STILL HAVE TEETH.

And a change of pace from Bill 78.

## How To Plant Your Garden

First, you Come to the garden alone,  
while the dew is still on the roses.

FOR THE GARDEN OF YOUR DAILY LIVING , PLANT  
THREE ROWS OF PEAS :

1. Peace of mind.
2. Peace of heart
3. Peace of soul

PLANT FOUR ROWS OF SQUASH:

1. Squash gossip.
2. Squash indifference
3. Squash grumbling
4. Squash selfishness

PLANT FOUR ROWS OF LETTUCE:

1. Lettuce be faithful.
2. Lettuce be kind
3. Lettuce be patient.
- 4.. Lettuce truly love one another.

NO GARDEN IS WITHOUT TURNIPS:

1. Turnip for meetings.
2. Turnip for service.
3. Turnip to help one another

TO CONCLUDE OUR GARDEN WE MUST HAVE THYME:

1. Thyme for each other.
2. Thyme for family
3. Thyme for friends.

Water freely with patience and cultivate with love.

There is much fruit in your garden, because you reap what you sow.

**Graeme G104 sent this in.**

While in China, a man is very sexually promiscuous and does not use a condom at all. A week after arriving back home in the States, he wakes one morning to find his manhood covered with bright green and purple spots.

Horrified, he immediately goes to see a doctor, who having never seen anything like this before, orders some tests and tells the man to return in two days for the results. The man returns a couple of days later and the doctor says, 'I've got bad news for you, you've contracted a rare form of Mongolian VD. It's almost unheard of here and we know very little about it.'

The man looks a little perplexed and says, 'Well, give me a shot or something and fix me up, Doc.'

The doctor answers, 'I'm sorry, there's no known cure. We're going to have to amputate your penis.'

The man screams in horror, 'Absolutely not! I want a second opinion.'

The doctor replies, 'Well, it's your choice. Go ahead, if you want but surgery is your only choice.'

The next day, the man seeks out a Chinese doctor, figuring that he'll know more about the disease. The Chinese doctor examines his penis and proclaims, 'Ah, yes, Mongolian VD. Vely lare disease.'

The guy says to the doctor, 'Yeah, yeah, I already know that but what can we do? My American doctor wants to operate and amputate!'

The Chinese doctor shakes his head and laughs. 'Stupid Amelican docta, always want to opelate, make more money dat way. No need to opelate!'

Oh, Thank God!' the man replies.

'Yes,' says the Chinese doctor, 'just wait two weeks, fawl off by itself!'

Minutes of the 35<sup>th</sup> Annual General Meeting of ACRM SA Inc, held on 26<sup>th</sup> February 2013 at Collinswood.

*Meeting Opened at 2000 hrs*

**President Welcomed All**

**Present:** - 141,21,232,44,43,48,49,295,296

**Visitors:** - G78 , Alex

**Apologies:** - 233,228,64,120,370,371,372

**Minutes of Previous Meeting:** -Moved 21,Sec232 & Carried

**Matters Arising:** -350 has resigned as Tea Lady. Sec to send letter of thanks

**Correspondence:** -Out 13/11-13/12 In 13/5-13/8 Moved 295 sec49

Carried

**Reports**

**Treasurer:** -Opening Bal \$5426.74 report as per audit.

**Income:** -\$4142.93

**Expenses :** -\$6290.31

**Closing Balance:** -\$3279.36 + 5c Petty cash

**Central Belt:** -\$1545.14 : -Total \$4824.55

Moved 44 Sec 21 & carried.

**SPECIAL MEETING**

Items as per agenda only..

Subs Will remain unchanged.

**AWARDS**

Life Membership 318 Jean Felmingham

Service Awards 20 Years 318 Jean  
120Trevor  
43 Elaine  
44 Graham  
16 Malcolm  
14 Bruce  
10 years 73 Phil

All positions declared vacant, following members elected/re-elected unopposed.

48 Phil President 141 Graham Secretary  
49 Chris Treasurer, 228 Neville Rally Coord

44 Graham Resources.

Moved 21 Sec 232

295/296 agreed to be Tea Persons

Reports President "ready for next 12 months"

Secretary "

Treasurer " "

Rally Coord Absent

Raffle Raised \$8. Next open meeting 26<sup>th</sup> March 2013, Meeting Closed 2035.



## IN THE KITCHEN; with Chris 49:

### APRICOT AND WALNUT LOAF

|  |   |
|--|---|
| 2 egg whites                             | $\frac{1}{3}$ cup sugar                 |
| 1 cup carrot grated firmly packed        | $\frac{3}{4}$ cup dried apricots        |
| $\frac{3}{4}$ tsp bicarb soda            | $\frac{1}{4}$ cup (25g) walnuts chopped |
| 2 tblspns (30g) light margarine (melted) | 1 $\frac{1}{2}$ cups SR flour           |
| 1 x 200g tub diet apricot yoghurt        | cooking spray                           |

Method:- Preheat oven 180°C fan forced

In a large mixing bowl beat egg whites and sugar for 1 minute using an electric beater. Add all other ingredients except the flour and combine well. Sift flour into bowl in one go and gently fold mixture until flour is just combined. DO NOT BEAT as this will make the loaf tough. Pour mixture into a large loaf tin that has been coated with cooking spray. Bake 30-35 minutes or until cooked in centre. Turn onto wire rack to cool.

Variation: For a lower fat count omit walnuts.

### CHERRY CRACKLES

|                                      |                                     |
|--------------------------------------|-------------------------------------|
| $\frac{1}{4}$ cup desiccated coconut | 3 cups Rice Bubbles®                |
| $\frac{1}{4}$ cup glacé cherries     | 2 x 55g Cherry Ripe® chocolate bars |
| 1 tblspn light margarine             | 2 tblspns golden syrup              |
| 1 tsp imitation coconut essence      | 24 paper patty cases                |

Method:- Place coconut onto a sheet of aluminium foil and place under griller, toast until golden brown, be careful as it can burn quickly. Leave to one side. In a large mixing bowl place Rice Bubbles, chopped glacé cherries and coconut, fold together. Roughly chop Cherry Ripe bars then place in a small microwave-safe bowl with margarine and golden syrup. Melt on HIGH for 2 minutes, give mixture a good stir. Add essence to bowl. Pour into Rice Bubbles and fold together until ingredients are well coated. Spoon mixture into 24 patty cases. Refrigerate to set.

Note: It is best to keep the crackles refrigerated.

## APPLE AND PRUNE LOAF

|                      |  |
|----------------------|--|
| 2 small green apples | ½ cup seedless prunes                      |
| 2 egg whites         | ¼ cup sugar                                |
| ½ tsp bicarb soda    | 1 x 200g tub no-fat French vanilla yoghurt |
| ¼ cup water          | 2 tbpsns (30g) light margarine             |
| ½ tsp cinnamon       | cooking spray                              |

Method:- Preheat oven 180°C fan forced

Peel and core apples, then cut into small dice. Cut prunes into small pieces. In a medium size mixing bowl beat egg whites and sugar using an electric beater for 1 minute. Add diced apple, prunes, yoghurt bicarb soda, water and melted margarine. Combine well. Sift flour and cinnamon into bowl in one go , gently fold mixture until flour is just combined. DO NOT BEAT as this will make the loaf tough. Pour mixture into a large loaf that has been coated with cooking spray. Bake 30-35 minutes or until cooked in centre. Turn onto a wire rack to cool.

Variation: Replace apples with fresh pears.

## CHOCOLATE SLICE

### BASE:

|                             |                                 |
|-----------------------------|---------------------------------|
| 1 cup SR flour              | ¼ cup cocoa                     |
| 2 Weet-bix® crushed         | ½ cup sugar                     |
| 2 tbpsns desiccated coconut | 4 tbpsns light margarine melted |
| 2 tbpsns skim milk          | 1 egg white                     |

### ICING:

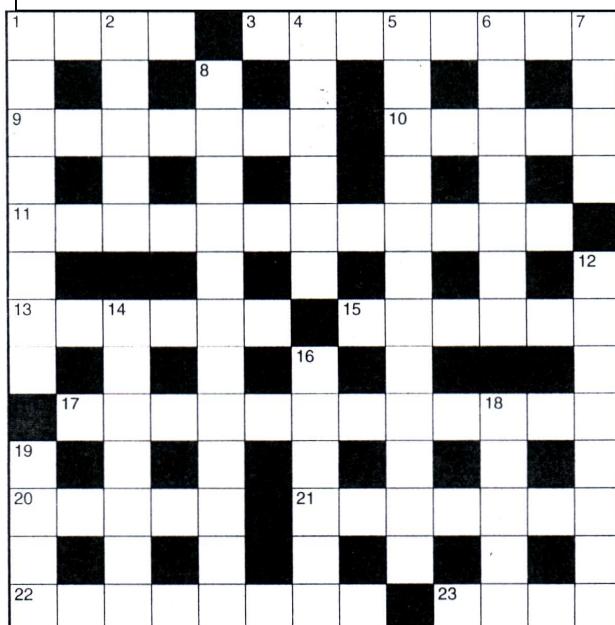
|                                       |                     |
|---------------------------------------|---------------------|
| ¾ cup icing sugar                     | 1 tbpsn cocoa       |
| 1 tsp light margarine                 | 2-3 tpsns skim milk |
| 1 ½ tsp desiccated coconut (optional) |                     |

Method:- Preheat oven 180°C fan forced.

To make base: Sift flour and cocoa into a large mixing bowl with crushed Weet-bix, sugar and coconut. Add melted margarine to milk. Using a fork beat egg white into milk until combined, pour into flour and fold together. Spread mixture over the base of a slab tin that has been coated with cooking spray. Use the palm of your hand to flatten the spread. You may need to dip your hand into flour to avoid mixture sticking. Bake 35 minutes. To make icing: Sift icing sugar and cocoa into a small mixing bowl. Add margarine and milk, blend well. Spread over slice while base is still warm. Sprinkle coconut over top, leave to cool.

## Crossword Puzzle, by Chris 49 .

Answers next month.



### ACROSS

1. Female horse.
3. Advance.
5. Solid raised lump on or under the skin.
10. Right \_\_\_\_\_.
11. Figurines for Green thumbs.
13. Beginner
15. A technique of Mural painting.
17. Smoker's aide.
20. Large animal (abbrev).
21. Wound dressing.
22. Transports goods.
23. Camera part.

### DOWN

1. Historical documents
2. Health medicine.
4. Less pretty.
5. Distrustfully.
6. Shop front blind.
7. Biblical garden.
8. Disagreements.
12. Bravado.
14. Brief.
16. Panda's favourite food.
18. Surprised, taken \_\_\_\_\_.
19. Zone.

A word of thanks to our sponsors, some old, some new. An old stalwart Foodland, Gawler, thank you and we welcome a few newies.



Robern Menz, Office Works, Macca's & K Mart. Their assistance is greatly appreciated.

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